

INHLABA

RESTAURANT & BAR

BAR MENU

TEA & COFFEE SELECTION



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TEA & COFFEE

FILTER COFFEE	24
AMERICANO	25
CAPPUCCINO	
Original	32
Red Cappuccino	38
ESPRESSO	20
DOUBLE ESPRESSO	24
POT OF TEA	24
<i>A selection from Rooibos, Five Roses, Green tea and Earl Grey</i>	
CHOCOLATE MOCCA	55
LATTE	
Cafe Latte	34
Caramel/ Hazelnut/ Vanilla	56
Spicy/Vanilla Chai	46
Dirty Spicy/Vanilla Chai	58
HOT CHOCOLATE	
Original	44
Bar One	44
Peppermint Crisp or Hazelnut	60
DON PEDRO	50
MILO	35
IRISH COFFEE	55
GREEN MATCHA	60
COFFEE FRAPPE	
Iced	32
Frozen	44
COOLERS & FRAPPES	34

SOFTDRINKS



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SOFT DRINKS

APPLETISER/ GRAPETISER 32

MINERAL WATER - 24
STILL/SPARKLING 500ML

ICED TEA - PEACH 29

RED BULL/ RED BULL 41
LIGHT 200ML

COCA-COLA BEVERAGES 24

*A selection from Coke/Coke Lite/ Coke
Zero, Fanta Orange, Fanta Grape, Fanta
Pine and Cream-Soda*

GINGER ALE 200ML 21

LEMONADE 200ML 21

DRY LEMON 330ML 24

SODA WATER 200ML 21

TONIC WATER 200ML 21

CORDIALS TOT 11

*A selection from
Grenadine/Kola/Lime/Passion fruit*

GOURMET MILKSHAKE 70

FLAVOURED SPRITZER 36

BEER & CIDDERS



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BEER & CIDERS

BEER

Castle Lager 340ml	30
Castle Lite 340ml	30
Castle Milk Stout 330ml	33
Black Label 330ml	30
Heineken 330ml	37
Stella Artois 330ml	33
Corona Imported 355ml	42

CIDERS

Bernini Blush/Classic	33
Hunters Dry	37
Hunters Gold Twister	37
Hunters Extreme	41
Savannah Dry	39
Belgravia Gin & Tonic	45

THE HOT STUFF



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THE HOT STUFF

COGNAC	TOT	BOTTLE
Hennessy VS	45	1350
Remy	73	2190
Hennessy VSOP	75	2250

GIN	TOT	BOTTLE
Gordons	22	660
Tanqueray Premium	28	840
Hendricks	50	1500
Inveroche	54	1620

LIQUEUR	TOT	BOTTLE
Tang Sour Apple	18	540
Martini Bianco Vermouth	20	600
After Shock	21	630
Amarula Cream	21	630
Barcardi Carta Blanca	21	630
Jagermeister	23	690
PO10C Alcoholic Energy Shooter	21	630
Nachtmusik Chocolate Cocktail	23	690
Butlers Liqueur	23	690
<i>Peppermint / Banana</i>		

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THE HOT STUFF

TEQUILA	TOT	BOTTLE
Olmecca Reposado	24	720
Olmecca Silver	24	720
VODKA	TOT	BOTTLE
Skyy	21	630
Absolute	31	930
Cruz	39	1170
Ciroc	39	1170
Belvrede	39	1170
WHISKY	TOT	BOTTLE
Chivas 12 yrs	46	1380
Chivas 15 yrs	72	2160
Glenfiddich 12 yrs	55	1650
Glenfiddich 15 yrs	83	2490
Glenfiddich 18 yrs	138	4140
Jack Daniels	25	750
Jameson Select	47	1410
Jameson Irish	32	960
Johnnie Walker Red Label	23	690
Johnnie Walker Black Label	34	1020
Johnnie Walker Gold Reserve	68	2040
Johnnie Walker Green Label	71	2130
Johnnie Walker Blue Label	213	6390
Singleton 12 yrs	60	1800
Glenlivet 12 yrs	60	1800
Glenlivet 15 yrs	77.01	2311

FOR MORE INFO +27 (0)71 301 6822 OR +27 (0)35 004-0076

RECEPTION@ALOELIFESTYLE.CO.ZA | WWW.ALOELIFESTYLEHOTEL.CO.ZA



COCKTAILS & SHOOTERS

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COCKTAILS

MARGARITA	65
<i>Tequila Silver, Lime Cordial & Lime Juice</i>	
SLOW COMFORTABLE SCREW	65
<i>Southern Comfort, Lime Cordial & Sprite</i>	
MANGO MAI-TAI	65
<i>Rum, Mai-Tai Syrup & Mango Juice</i>	
MARTINI	65
<i>Gin & Vermount</i>	
TEQUILA SUNRISE	65
<i>Tequila Silver, Grenadine, Lime Cordial & Orange Juice</i>	
BLACK RUSSIAN	70
<i>Vodka, Coffee Liqueur & Coke</i>	
COSMOPOLITAN	70
<i>Vodka, Grenadine, Lime Cordial, strawberry Liqueur, Cosmo Syrup & Cranberry Juice</i>	
SEX ON THE BEACH	70
<i>Vodka, Grenadine, Orange Juice & Archers Peach Schnapps</i>	
<i>Non-Alcoholic</i>	45
GIN & TONIC	62

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COCKTAILS

ALOE LIFE STYLE	76
<i>Grenadine, vodka, Crushed Ice with Blue Curacao with Rum & Orange Juice</i>	
STRAWBERRY DAIQUIRI	76
<i>Rum, grenadine, strawberry liqueur, lime cordial, strawberry daiquiri syrup & strawberry juice</i>	
<i>Non-Alcoholic</i>	45
PINA COLADA	76
<i>Rum, mai-tai syrup & mango juice</i>	
<i>Non-Alcoholic</i>	45
MOJITO	76
<i>Rum, sugar syrup, soda water, mint leaves, lime juice & lime cordial</i>	
<i>Non-Alcoholic</i>	45
SCREAMING ORGASMS	85
<i>Khalua, Amurala, Vodka, Fresh Milk & Fresh Cream</i>	
LONG ISLAND ICE TEA	87
<i>Tequila Silver, Vodka, Gin, Rum, Triple Sec, Sugar Syrup & Coke</i>	
LONG ISLAND ICE TEA CALIFORNIAN	87
<i>Tequila Silver, Vodka, Gin, Rum, Triple Sec, Sugar Syrup, Blue Curacao & Strawberry Liqueur</i>	
JAM-JAR	150
<i>Rum, Vodka, Tequila, Triple Sec, Banana Liqueur, Peppermint Liqueur, Lime Cordial & Sprite</i>	

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SHOOTERS

SPRINGBOK	40
<i>Cape Velvet, Peppermint Liqueur</i>	
BLOW JOB	45
<i>Khalua, Cape Velvet, Fresh Cream</i>	
BOB MARLEY	45
<i>Peppermint Liqueur, Cape Velvet, Red Zappa</i>	
CARNARY CRAMP	45
<i>Banana Liqueur, Cape Velvet, Nachtmusiek</i>	
B52	45
<i>Khalua, Cape Velvet, Tequila Silver</i>	
SUIT-CASE	50
<i>Passion Fruit, Jack Daniel</i>	
ALOE	70
<i>Tequila Silver, Tequila Gold, Aftershock, Apple Sourz, PO10C, Jagermeister</i>	
JAGERBOMB	64
<i>Jagermeister, Red Bull</i>	
LIQUID COCAINE	85
<i>Vodka, Lime Cordial, Blue Curacao</i>	

CHAMPAGNE & WINE



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CHAMPAGNE & WINE BY THE BOTTLE

FRENCH CHAMPAGNE

Bollinger Special Cuvee 2200

A golden colour, distinctive of black grape varieties with very fine bubbles. A beautiful aromatic complexity, ripe fruit and spicy aromas, hints of roasted apples, apple compote and peaches. The taste is a subtle combination of structure, length and vivacity, bubbles like velvet, pear, brioche and spicy aromas, and notes of fresh walnut.

Moet et Chandon Nectar Impérial 1595

Veuve Cliquot Brut Yellow Label 1980

Luc Belaire Rose 963

An exquisite blend of syrah, Grenache and Cinsault. Blended with 100% Syrah dosage to achieve a rich vibrant pink colour, dramatically different from other sparkling Roes

METHODE CAP CLASSIQUE

Krone Night Nectar Vintage Demi-Sec 390

Krone Night Nectar Rosé Vintage Demi-Sec 390

SPARKLING WINE

Robertson Winery Sparkling Brut Rose 170

Robertson Winery Non-Alcoholic
Sweet Sparkling White 138

Bon courage blush 240

OUR FINE WINERY



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RED WINE BY THE BOTTLE

SHIRAZ

Spier Signature	180
FAT bastard	285
Glen Carlou Syrah	405

CABERNET SAUVIGNON

Spier Signature	180
Rustenberg Stellenbosch	265

PINOTAGE

Barista	215
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RED BLENDS

FAT bastard The Golden Reserve	260
The Chocolate Block	480
Rupert and Rothschild Classique	440
Vilafonte Serious Old Dirty	660

HOUSE WINES BY THE GLASS

Robertson Winery Natural Sweet Rose	33
Robertson Winery Crisp Dry White	33
Robertson Winery Smooth Dry Red	36

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WHITE WINE BY THE BOTTLE

SAUVIGNON BLANC

Porcupine Ridge 138

Bon Courage The Gooseberry Bush 155

CHENIN BLANC

Darling Cellars Arum Fields 127

Spier Signature 149

CHARDONNAY

FAT bastard 220

Glen Carlou 325

SEMI SWEET

De Krans Premium White Moscato Perlé 160

ROSÉ

Robertson Winery Natural Sweet 125

Delheim Pinotage 200

MERLOT

Bon Courage The Mulberry Bush 155

Porcupine Ridge 155

Spier Signature 180

BAR NIBBLES



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WAFFLES

PLAIN WAFFLE	27
<i>Extras</i>	
Scoop of Ice Cream / Whipped Cream	22
Yoghurt Plani/ Fruit (Bowl)	20

CAKES

CAKE SLICE	60
<i>Red velvet/ Chocolate/ Vanilla/ Caramel</i>	
JUMBO MUFFINS	45
<i>Blueberry/ Lemon Poppyseed/ Choc Chip/ Raisin Bran/ Caramel Fudge</i>	
GRANOLA CHEESE CAKE	47
LEMON MARINGUE PIE	31
BANANA LOAF	41

CROISSANT

BUTTER LARGE CROISSANT	27
NUTELLA CROISSANT SANDWICH	51
LIFESTYLE CROISSANT	81

Extras

Lettuce	5
Tomato Slices	10
Egg (Scrambled or Fried)	15
Back Bacon slice	21
Cheese	14
Cucumber Slices	10
Avocado *seasonal	28

WRAPS

TUNA WRAP	88
BEEF MINCE WRAP	122
SIRLOIN BEEF WRAP	133
CHICKEN WRAP	104

Extras

Bacon	21
Cheese	14
Avocado *seasonal	28

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QUESADILLAS

CHICKEN	115
BEEF	125
VEGETARIAN	100

SANDWICHES

CHEESE & TOMATO	39
EGG & BACON	50
HAM & CHEESE	44
CHICKEN & MAYO	47
CLUB SANDWICH	60
DAGWOOD	95

MINI QUICHE

SPINACH & FETA	69
BACON & CHEESE	86
CHICKEN & PEPPADEW	75

EXTRAS

CHICKEN	25
TOMATO SLICES	10
EGG (SCRAMBLED/FRIED)	15
BACK BACON SLICE	21
CHEESE	14
CUCUMBER	10
AVOCADO SEASONAL*	28

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SALTY SNACKS

ROASTED PEANUTS	32
PRETZELS	28
POTATO CHIPS	28
POPCORN	28