

ALOË



LIFESTYLE
HOTEL



INHLABA

RESTAURANT & BAR

MENU

FOR MORE INFO  + 27 (0)71 301 6822 OR  +27 (0)35 004-0076

RECEPTION@ALOELIFESTYLE.CO.ZA | WWW.ALOELIFESTYLEHOTEL.CO.ZA

BREAKFAST

Served from 07am to 10am weekdays and

07am to 11am weekends.



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BREAKFAST

CEREALS	30
<i>A selection of cereals including, Corn Flakes, All bran flakes, muesli and oats</i>	
PANCAKES	75
<i>Fresh pancakes served with butter, maple syrup, blueberry or strawberry sauce and whipped cream</i>	
SMOOTHIE BOWL	85
<i>A healthy blend of fruits, spirulina and flax seeds</i>	
ALOE EGG BENEDICT	82
<i>Poached eggs on a bun with bacon and hollandaise sauce</i>	
ALOE SIGNATURE OMELETTE	78
<i>Choose any four of the following fillings: cheese, bacon, mixed peppers, mushrooms, chilli, tomato or onions</i>	
CLASSIC FRENCH TOAST (V)	96
<i>Brioche French toast, berries, cinnamon sugar and maple syrup (optional streaky extra bacon)</i>	
ALOE ENGLISH BREAKFAST	120
<i>Grilled tomatoes, mushrooms, two bacon rashers, baked beans, two cocktail sausages, two eggs and a slice of bread</i>	

STARTERS

Served from 12pm to 10pm daily.



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STRATERS

ALOE SALAD

Locally farmed lettuce, micro herbs, red onions, olives, feta cheese, robot peppers and *avocado

Add bacon 35

Add chicken strips 35

CREAMY MUSSELS IN WINE

Mussels cooked in a creamy white wine sauce served in their shells with toasted baguettes.

DEEP FRIED PRAWNS

Crumbed prawns in white coconut powder served with lime aioli and sweet chilli sauce

CAJUN FRIED CALAMARI

Deep fried calamari tubes served on a bed of leafy salad and served with sweet chilli sauce

60 CHICKEN WINGS

Juicy chicken wings with French fries, served with sticky barbeque or peri-peri sauce

CHICKEN LIVERS

Pan fried and sautéed in cream red onion, garlic and napolitana sauce served with ciabatta bread.

80 SPRING ROLLS

Crispy homemade vegetable spring rolls, served with a sweet chilli sauce

85 MUSHROOM SOUP

A chef mushroom soup served with ciabatta bread

65 FISH CAKES

Served on a bed of Lettuce with our home made tarte sauce and lemon

80

65

75

75

80

*SEASONAL, CHECK AVAILABILITY WITH THE CHEF

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MAIN COURSE

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MAIN COURSE

LAMB CURRY	160	BAKED WHOLE FISH	315
<i>Tender and mild lamb curry served with basmati rice and sambals</i>		<i>Oven grilled whole fish made with our seafood spices and served on a bed of fresh mixed vegetables</i>	
OXTAIL	225	QUEEN PRAWNS	175
<i>Braised oxtail simmered in red wine sauce served with mashed potatoes or your choice of a side</i>		<i>Butter fried prawns made with our seafood spices, served on a bed of savoury rice</i>	
SPAGHETTI BOLOGNAISE	99	SEAFOOD PLATTER	360
<i>Slow cooked beef bolognaise mince tossed on spaghetti</i>		<i>Delectable 300g fish platter, grilled calamari, creamy mussels, crab stick and tiger prawns served with rice and fries</i>	
PENNE ALFREDO	120	HAKE AND FRIES	145
<i>Cooked with caramelized onion, garlic, basil pesto and wild mushrooms in creamy base with penne pasta</i>		<i>Grilled or buffered hake fish served with fries, tarter sauce and slice of lemon</i>	
VEGETARIAN PASTA (V)	90	ALOE VEGETERIAN BURGER (V)	85
<i>Creamy tomato pasta made with penne pasta, chickpeas, fresh vegetables and feta cheese</i>		<i>Home made vegetarian burger goes with gherkins, onion, tomato, lettuce and *avocado they serve with fries</i>	
BABY CHICKEN	160	VEGETERIAN LASAGNE (V)	90
<i>Free range organic chicken, locally sourced from the surrounding Zululand farms, freshly prepared and marinated in herbs. Served with rice and mixed vegetables</i>		<i>Filled with spinach and mushrooms, and served with a French salad on the side</i>	
<i>Choose from lemon and herbs, BBQ or peri-peri sauce.</i>			
HALF CHICKEN	98		
QUARTER CHICKEN	75		

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FROM THE GRILL

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FROM THE GRILL

CHICKEN CHEESE BURGER	110	ROSEMARY LAMB LOIN CHOPS 350G	215
<i>Grilled chicken fillet with prego sauce served on a fresh burger bun bedded with lettuce and tomato. Served with fries</i>		<i>Grilled lion chops served with crunchy fresh mixed vegetables and mashed potatoes</i>	
ALOE BEEF BURGER	148	RUMP STEAK 300G	160
<i>200g homemade beef patty on a fresh burger bun bedded with onion marmalade, lettuce, tomato, and gherkins. Served with fries</i>		<i>Dry-aged rump marinated and seasoned with Aloe spices and cooked to your liking and served with crunchy fresh mixed vegetables.</i>	
ALOE PORK RIBS	180	ALOE BRAAI PLATTER	355
<i>Traditionally barbeque basted pork ribs and flamed grilled with fries or salad</i>		<i>Grilled 200g braai wors, four wings, four pork ribs, 200g beef steak and your choice of two sides</i>	
T-BONE STEAK 400G	170		
<i>Butchers cut T-bone served with a Mediterranean fresh mixed vegetables and fries</i>			

SIDE DISHES

STEAMED BREAD	35	CREAMED SPINACH	35
MIXED VEGETABLES	35	PAP & SAUCE	35
POTATOES	35	UPHUTHU	35
GRATIN/MASH/BAKED		ONION RINGS	28
BUTTERNUT	35	SIDE SALAD	35
FRIES	35	*AVOCADO	28
RICE	35		

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LOCAL CUISINE

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LOCAL CUISINE

USU (OX STRIPE STEW) <i>Ox- tripe stew served mild with your choice of two sides</i>	89	INHLOKO (PULLED COW HEAD) <i>Slow cooked pulled and served with your choice of two sides</i>	89
ISIBINDI (OX LIVER) <i>Grilled ox-liver served with napolitana sauce and your choice of a side</i>	68	AMANQINA (CHICKEN FEET) <i>Braised chicken feet with side sauce and fries</i>	60
UMLEQWA (BOILED CHICKEN) <i>A boiled indigenous home grown chicken in light salt and pepper with a choice of a side</i>	135	BOILED LAMB <i>Bone-in lamb that is boiled with vegetables</i>	155

SIDE DISHES

STEAMED BREAD	35	STEAMED SPINACH	35
MIXED VEGETABLES	35	PAP & SAUCE	35
POTATOES	35	UPHUTHU	35
GRATIN/MASH/BAKED		ONION RINGS	25
BUTTERNUT	35	SIDE SALAD	35
FRIES	35	*AVOCADO	28
RICE	35		

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PIZZERIA

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PIZZERIA

CHICKEN AND MUSHROOM PIZZA	120	CLASSIC MARGARITA PIZZA	100
<i>Topped with mozzarella, mushrooms, diced chicken and a touch of cheddar cheese</i>		<i>Topped with buffalo mozzarella, tomatoes, basil pesto and a touch of parmesan cheese</i>	
MEAT LOVERS PIZZA	150	MEXICAN PIZZA	140
<i>Topped with chorizo sausage, ham, biltong, salami and Aloe barbeque sauce</i>		<i>Topped with buffalo mozzarella cheese, cooked beef mince chopped chilies and Aloe barbeque sauce</i>	
SEAFOOD PIZZA	170	ORIGINAL VEGGIE PIZZA	95
<i>Topped with diced hake, calamari, prawns, mussels- and finished with peppadews</i>		<i>Topped with mushrooms, olives, pineapple, onions, tomatoes and peppers</i>	
HAWAII CLUB PIZZA	130	THREE CHEESE PIZZA	105
<i>Topped with ham, bacon, pineapple and parsley</i>		<i>Topped with mozzarella, cheddar, feta cheeses, peppers and spring onions</i>	

EXTRAS

MUSHROOMS	10	PINEAPPLE	10
OLIVES	10	JALAPENO	10
BACON	21	DICED TOMATOES/ ONIONS	10
GROUND BEEF	25	AVOCADO*	28
EXTRA CHEESE	14	CHICKEN	25

mozzarella, cheddar, feta cheeses,

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HOT & SOFT DRINKS

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HOT DRINKS

FILTER COFFEE	24	HOT CHOCOLATE	
AMERICANO	25	Original	44
CAPPUCCINO		Bar One	44
Original	32	Peppermint Crisp or	60
Red Cappuccino	38	Hazelnut	
ESPRESSO	20	DON PEDRO	50
DOUBLE ESPRESSO	24	MILO	35
POT OF TEA	24	IRISH COFFEE	55
A selection from Rooibos, Five Roses, Green tea and Earl Grey		GREEN MATCHA	60
CHOCOLATE MOCCA	55	COFFEE FRAPPE	
LATTE		Iced	32
Cafe Latte	34	Frozen	44
Caramel/ Hazelnut/ Vanilla	56	COOLERS &	34
Spicy/Vanilla Chai	46	FRAPPES	
Dirty Spicy/Vanilla Chai	58		

COLD DRINKS

APPLETISER/ GRAPETISER	32	GINGER ALE 200ML	21
MINERAL WATER -	24	LEMONADE 200ML	21
STILL/SPARKLING 500ML		DRY LEMON 200ML	21
ICED TEA - LEMEON/PEACH	29	SODA WATER 200ML	21
RED BULL/ RED BULL LIGHT 200ML	41	TONIC WATER 200ML	21
COCA-COLA BEVERAGES	24	CORDIALS	11
A selection from Coke/Coke Lite/ Coke Zero, Fanta Orange, Fanta Grape, Fanta Pine and Cream-Soda		A selection from Grenadine/Kola/ Lime/Passion fruit	

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DESSERT

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DESSERT

VANILLA ICE CREAM AND CHOCOLATE SAUCE	40
CREME BRULEE	58
TIRAMASU	48
FRUIT PLATTER	50
*ALOE CAKE OF THE DAY	60
PANNA COTTA	52
MALVA PUDDING	45

*ASK THE CHEF ABOUT THE ALOE CAKE OF THE DAY

KIDDIES MENU

Served all day.



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KIDDIES MENU

BANGERS & MASH <i>Two pork bangers, creamy mash served with plain gravy</i>	66	CHICKEN SLIDERS <i>Grilled chicken with cheese and slaw</i>	69
FISH FINGERS <i>Delicious crispy fish fingers with a handful of fries</i>	48	CHICKEN NUGGETS <i>Crumbed chicken nuggets served with fries</i>	58
KIDDIES BEEF BURGER <i>Beef patty, lettuce, tomato, cheese served with sweet chilli sauce on a fresh burger bun</i>	65	MAC & CHEESE <i>Macaroni pasta, three cheese sauce and fresh chives</i>	58
PORK RIBS <i>Small portion of pork ribs served with fries</i>	75	CHICKEN & FRIES <i>A chicken drum stick served with fries</i>	55
MEAT LOVERS PIZZA <i>Small portion of pork ribs served with fries</i>	89	HAWAII CLUB PIZZA <i>Crunchy pizza base topped with pineapple, bacon, ham, chicken, cheese, and fresh parsley.</i>	70

KIDDIES TREATS

*ICE-CREAM & CHOCOLATE SAUCE	32	KIDDIES JUICE	22
FRUIT SKEWERS	35	*KIDDIES MILKSHAKE	32
FLOATY	40	SMOOTHIE	38
LEMONADE	21		

*ASK ABOUT AVAILABLE FLAVOURS FROM THE WAITRON

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